

FOREIGN LANGUAGE ACADEMY

Learn a foreign language for the workplace or any other purpose.

BEGINNING: Your first time experience with the language: a true beginner.

LEVEL TWO: Improving your skills through expanded tasks in listening, speaking and writing. Class activities and interaction provide lively applications.

LEVEL THREE: Fine tuning your performance and command of the language in order to be effectively conversant in the language.

SPANISH

Beginning
T 5:30 - 7pm
Room 3

Level Two
T 7-8:30 pm
Carol Sendell Room 3

Level Three
T 5:30 - 7:30pm
Carmen Scholis Room 8
fee \$65 per term

FRENCH

Beginning
M 5 - 7pm
Myrna Nader Room 8
fee \$65 per term

ITALIAN

Beginning
W 7 - 9 pm
Vincenzo D'Amico Room Annex

Level Two/Three
M 7 - 9pm
Vincenzo D'Amico Room 3
fee \$65 per term



RUSSIAN

Beginning
F 7 - 9 PM
Vincenzo D'Amico Room 1
fee \$65 per term

ARABIC

Beginning
Th 5-7 PM
Myrna Nader Room 8
fee \$65 per term

CLASSES FOR YOU

ACCENT REDUCTION

Still rolling your R's? Having trouble saying "jewelry"? Refine your speech, 'cuz practice makes "purr"fect. This class will help you reduce your language bloopers and improve your communication skills.

Room 3
Mondays 5:30-7 pm
M.A. Anderson
Fee: \$50 per term



CLASSES JUST FOR YOU!

NATURE WALKS AT THE SANTA LUCIA

PRESERVE

Monday, August 31

Nature walk

William's Canyon

Meet at 9:00 am at the Santa Lucia

Visitor's Center

Bring a snack and water

Monday, September 28

History Walk

Potrero Canyon

Meet at 9:00 am at the Santa Lucia

Visitor's Center

Bring a snack and water

\$15 per walk



BELLY DANCING

Learn basic patterns of Middle Eastern belly dance, body isolations and combinations, veil work, musical rhythms, terminology, costuming, historical context and performance elements including improvisation and choreography.

Room: Multi

Th 7-9 pm

Fee: \$50 per term

Flora Anderson

CONFLICT RESOLUTION: (3 hours)

What causes conflict? Expectations and Psychological Contracts. Conflict Management Steps, Conflict Resolution Styles, Conflict Management Techniques for Supervisors. Learn about yourself and how you analyze conflict. Learn steps and strategies to help you manage conflict.

Saturday, August 1 2009

Fee: \$40

Loretta Thompson

JAZZ DANCE

This beginning jazz class focuses on the primary elements of: isolation, stretches, work across the floor and basic choreography. A great way to enhance your fitness program! No prior

dance experience necessary.

Room: Multi

Th 1:30-3:00 pm

Fee: \$50

Sherri Beck

WRITING YOUR MEMORIES

Write your memories in a new and exciting way. Weekly writing exercises to keep a record of your life. Enjoy the pleasure of writing in a community. All levels welcome.

Canterbury Woods

W 3-5pm

Fee: \$50 per term

Illia Thompson

RAISING EMOTIONALLY HEALTHY

CHILDREN

Based on the workshop and parenting guide by Dr. Gerald Newmark of The Children's Project - providing powerful and practical concepts and tools that enable parents, teachers, and childcare providers to interact with children and with each other in emotionally healthy ways.

Room: 4

T - 7-9 pm June 16 - July 21

Fee: \$65

Lisa Senkel



BASIC COOKING

This program will include standards based, hands-on instruction with an emphasis on mastering skills in cooking, food preparation, pastry design, baking, and nutrition. This program will provide you with the basic skills necessary to prepare a delicious meal for friends and family.

Fee: \$85 per term

Th 7-10pm

Pacific Grove High School

Culinary Arts classroom

Vincenzo D'Amico

