

California Healthy Kids Survey (CHKS)

Is the largest most comprehensive effort in the nation to regularly assess students, staff and parents at the local level and form the

California School Climate, Health and Learning
Surveys System



Since 1997 the California Department of Education has funded the CHKS to provide data to assist schools in:

1. Fostering safe and supportive school climates, social-emotional competencies and learning engagement
2. Preventing youth health risk behaviors and barriers to academic achievement
3. Promoting positive youth development, resilience and well-being

What Does the Survey Assess?

Student perceptions and experiences related to:

- School climate and engagement
- Learning supports
- Health-related, non-academic learning barriers, such as:
 - Substance use
 - Bullying and violence
 - Poor physical and mental health

They provide a wealth of information to guide school improvement and Local Control and Accountability Plan (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, and parent involvement.

Validity Factors

Data on self-report questionnaires are considered valid, providing confidentiality and anonymity has been maintained.

To maintain validity, **student responses were removed if they were shown not to have taken the survey seriously**, were careless or untruthful meeting at least two of the following criteria:

- ❖ Inconsistency in their responses
- ❖ Exaggerated drug use (showing a pattern that was improbably high)
- ❖ Marking that they used a fake drug that was inserted in the list of real drugs
- ❖ Marking that they did not respond honestly to all or most questions in the reliability question at the end of the survey.

Validity

Survey results met response rate criteria for validity, and are considered reflective of our population.

In order to be considered valid, student response rates needed to be at least 60%.

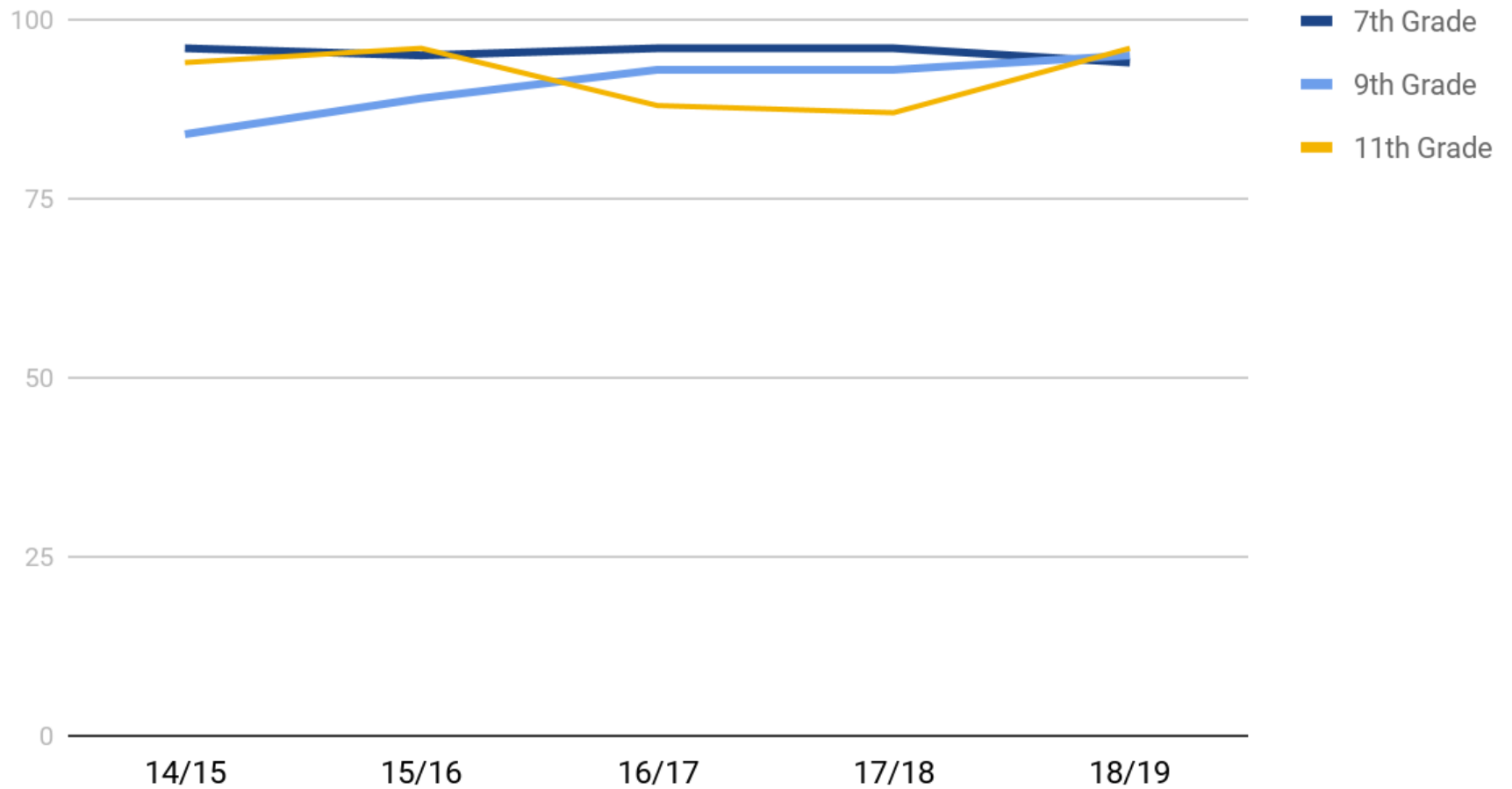
Grade 7	94% (150 students)
Grade 9	87% (148 students)
Grade 11	85% (127 students)
Community HS	70% (14 students)

School Connectedness

How strongly do you agree or disagree with the following statements:

- I feel close to people at this school.
- I am happy to be at this school.
- I feel like I am part of this school.
- The teachers at this school treat students fairly.
- I feel safe in my school.

School Connectedness

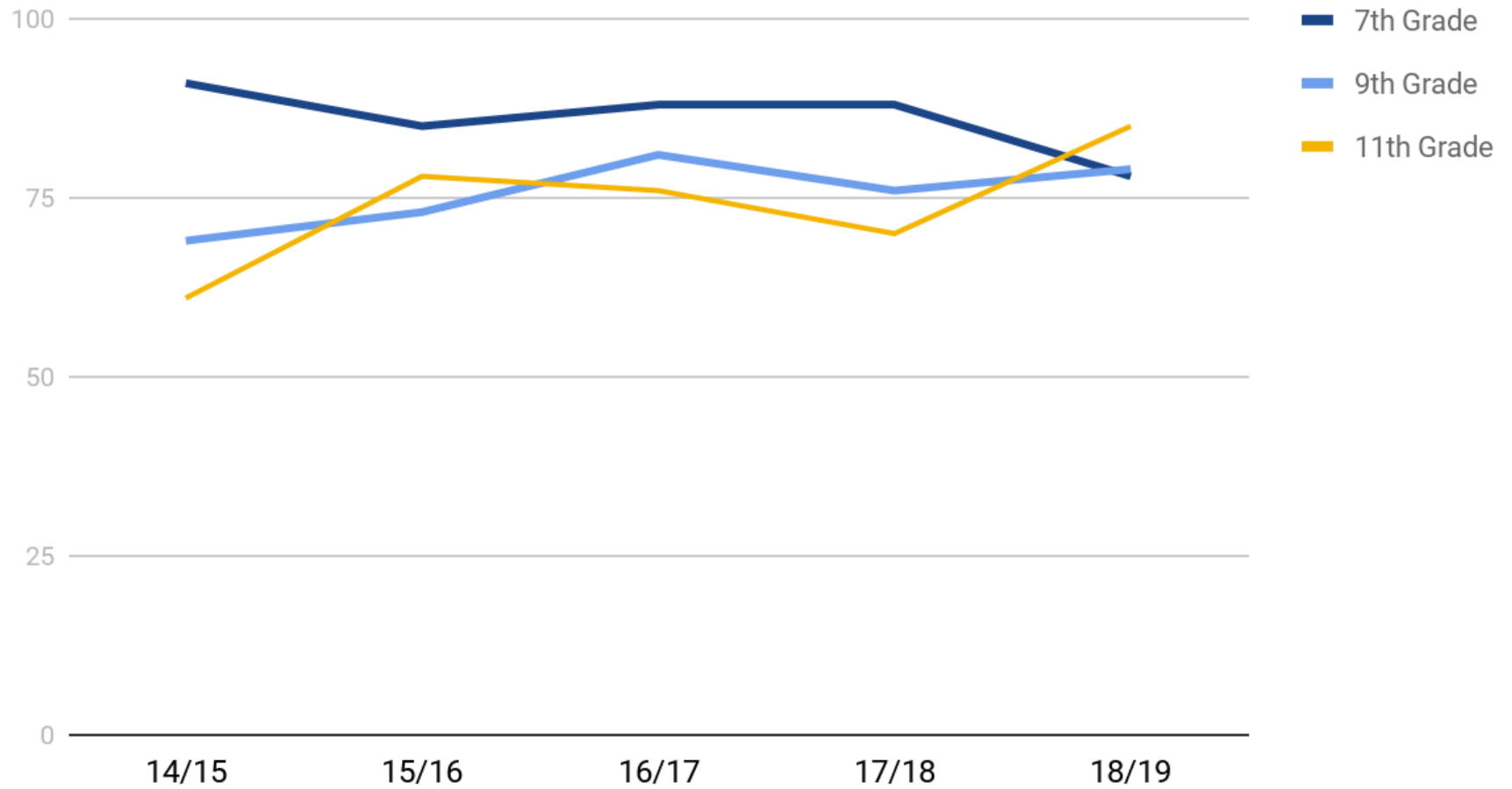


Academic Motivation

How strongly do you agree or disagree with the following statements:

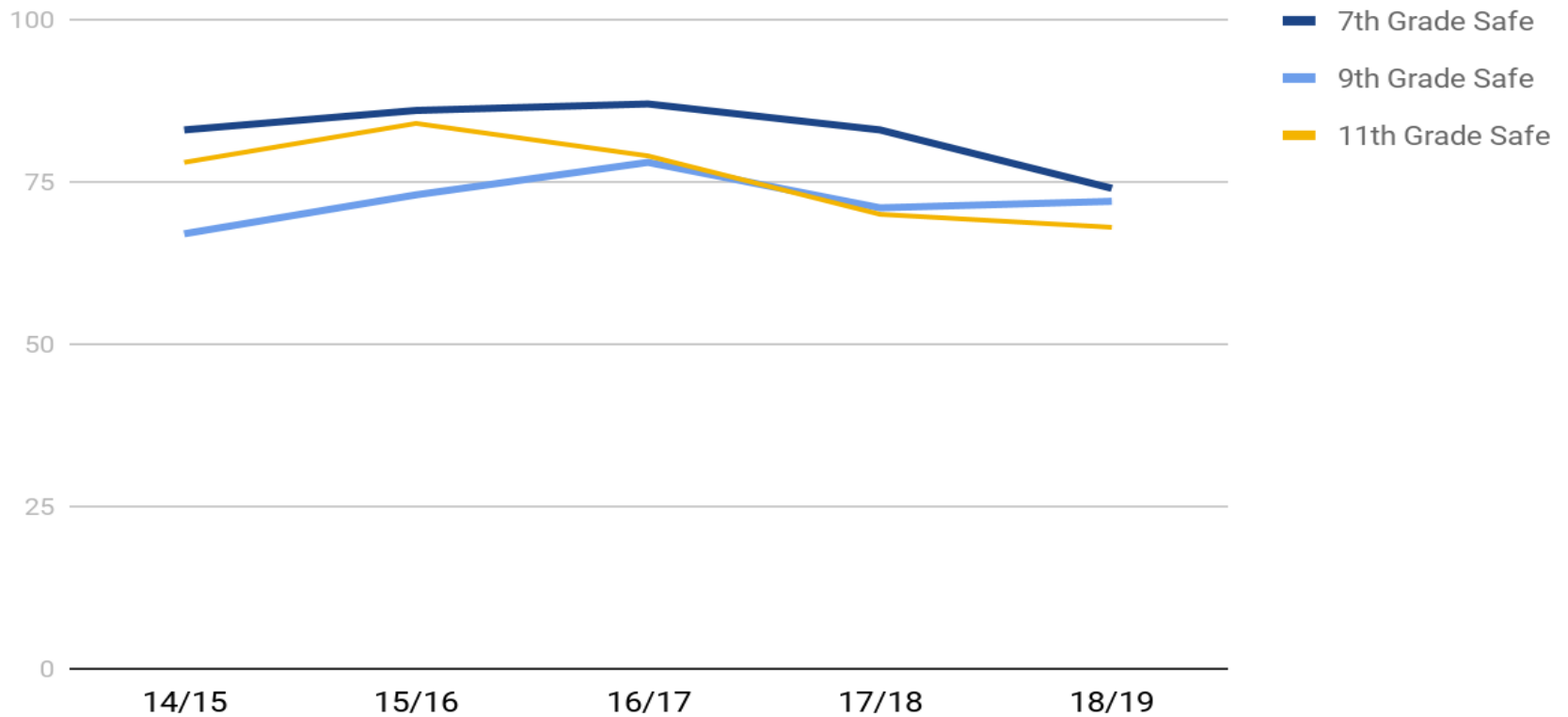
- I try hard to make sure that I am good at my schoolwork.
- I try hard in school because I am interested in my work.
- I work hard to try to understand new things at school.
- I am always trying to do better in my schoolwork.

Academic Motivation



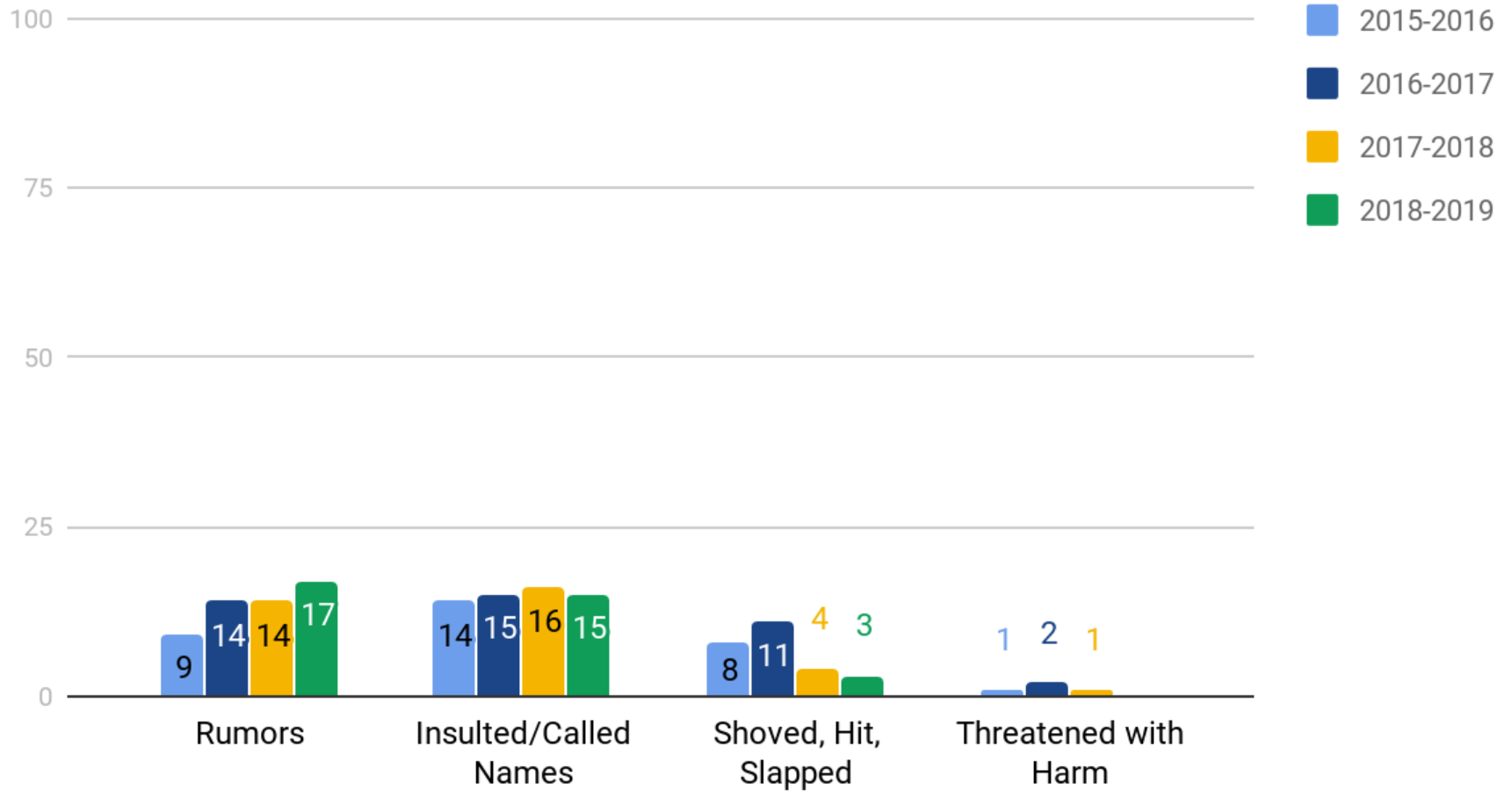
How safe do you feel when you are at school?

Perceived Safety at School



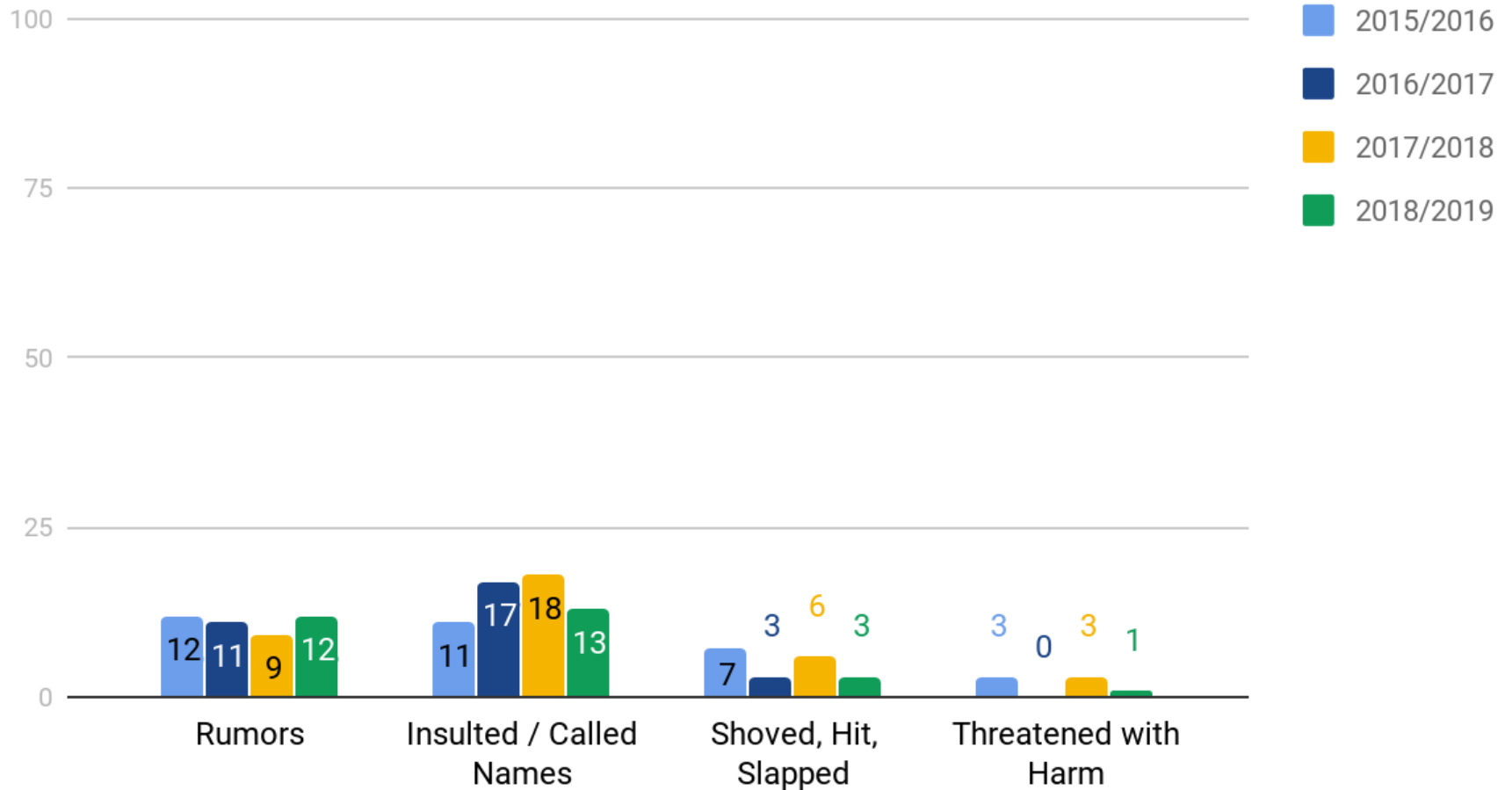
Harassment Areas of Concern

7th



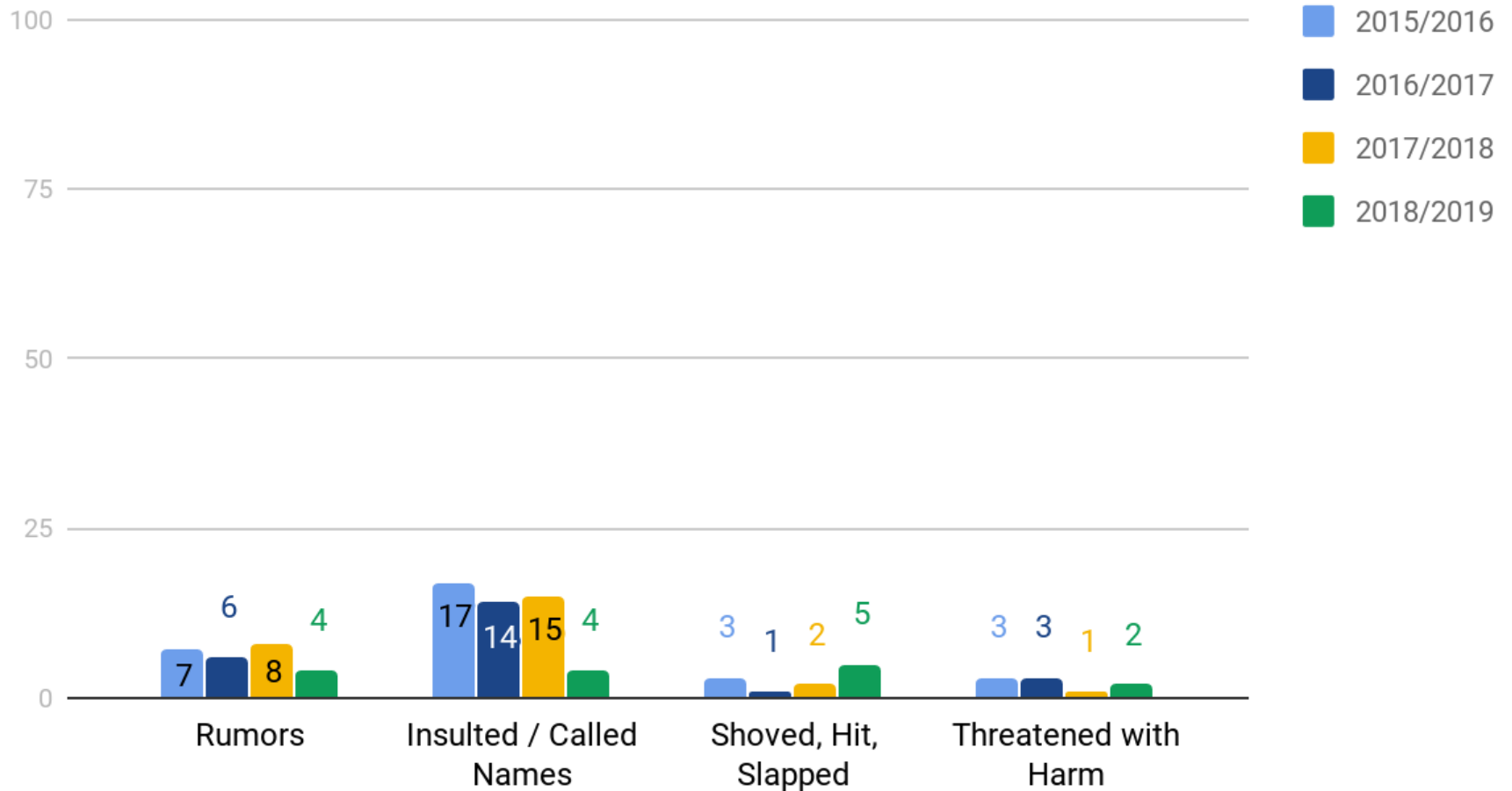
Harassment Areas of Concern

9th



Harassment Areas of Concern

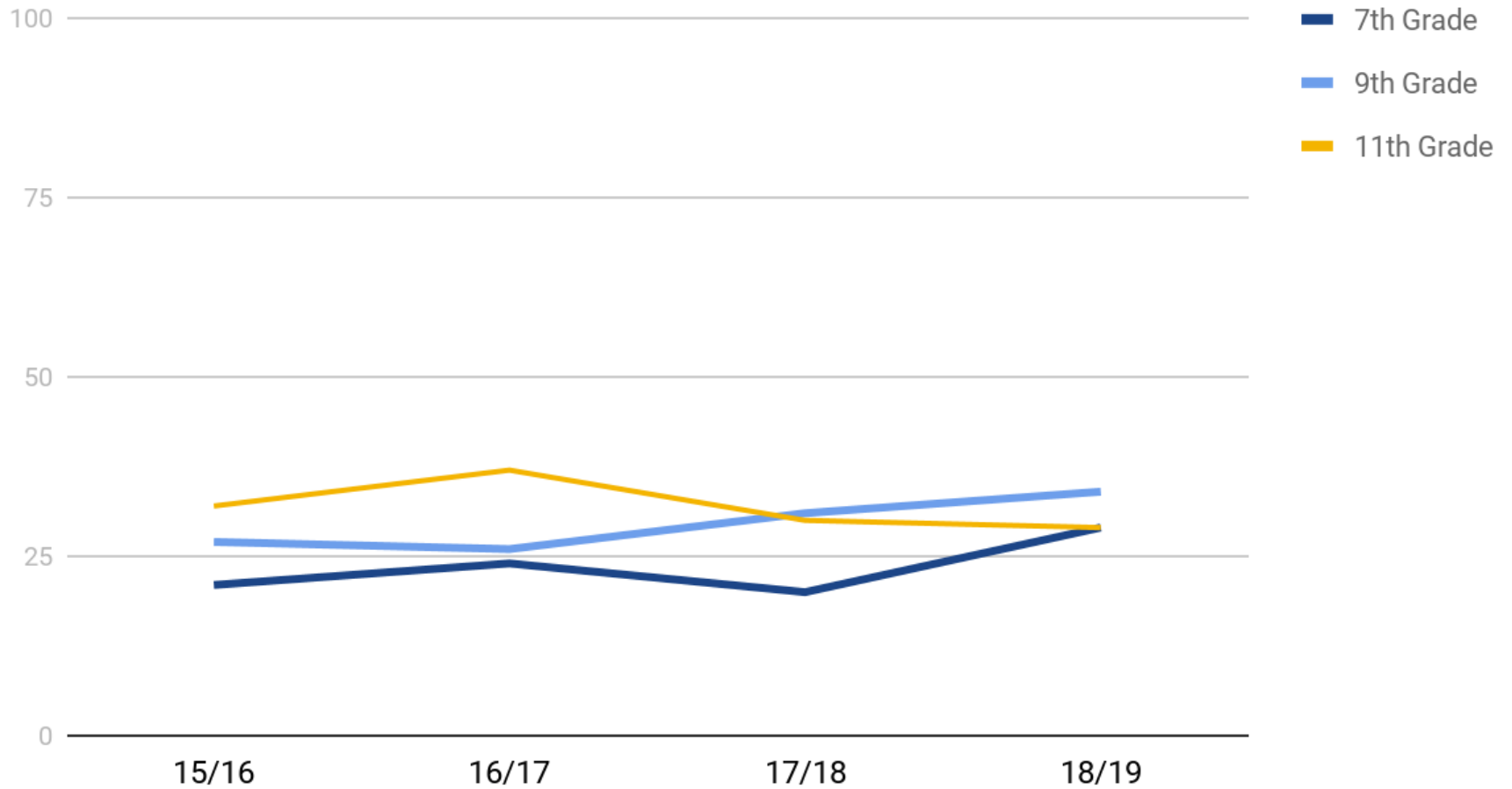
11th



Chronic Sad or Hopeless Feelings

During the past twelve months did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?

Chronic sadness within the past 12 months

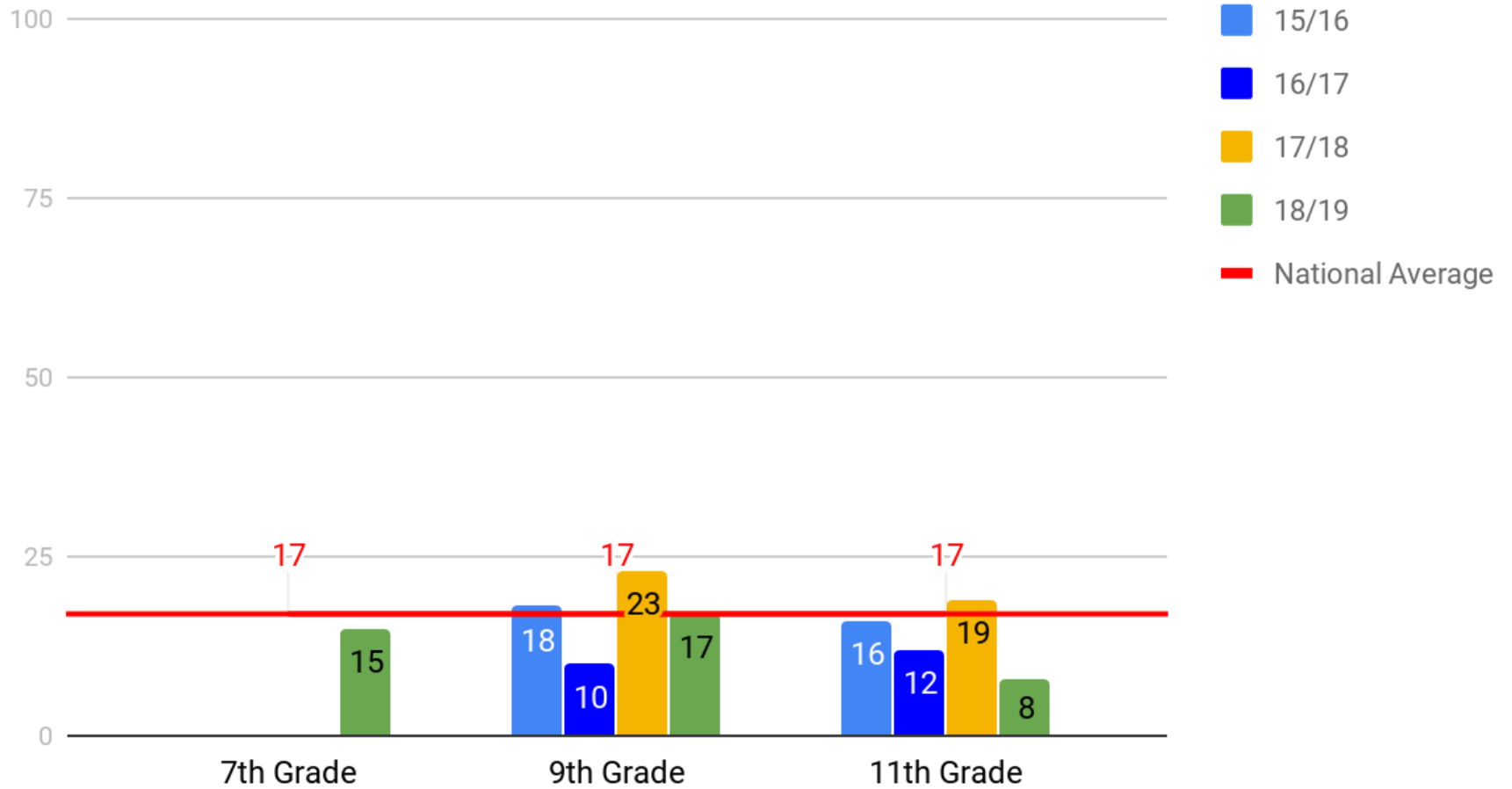


Seriously Considered Attempting Suicide

During the past twelve months, did you ever seriously consider attempting suicide?

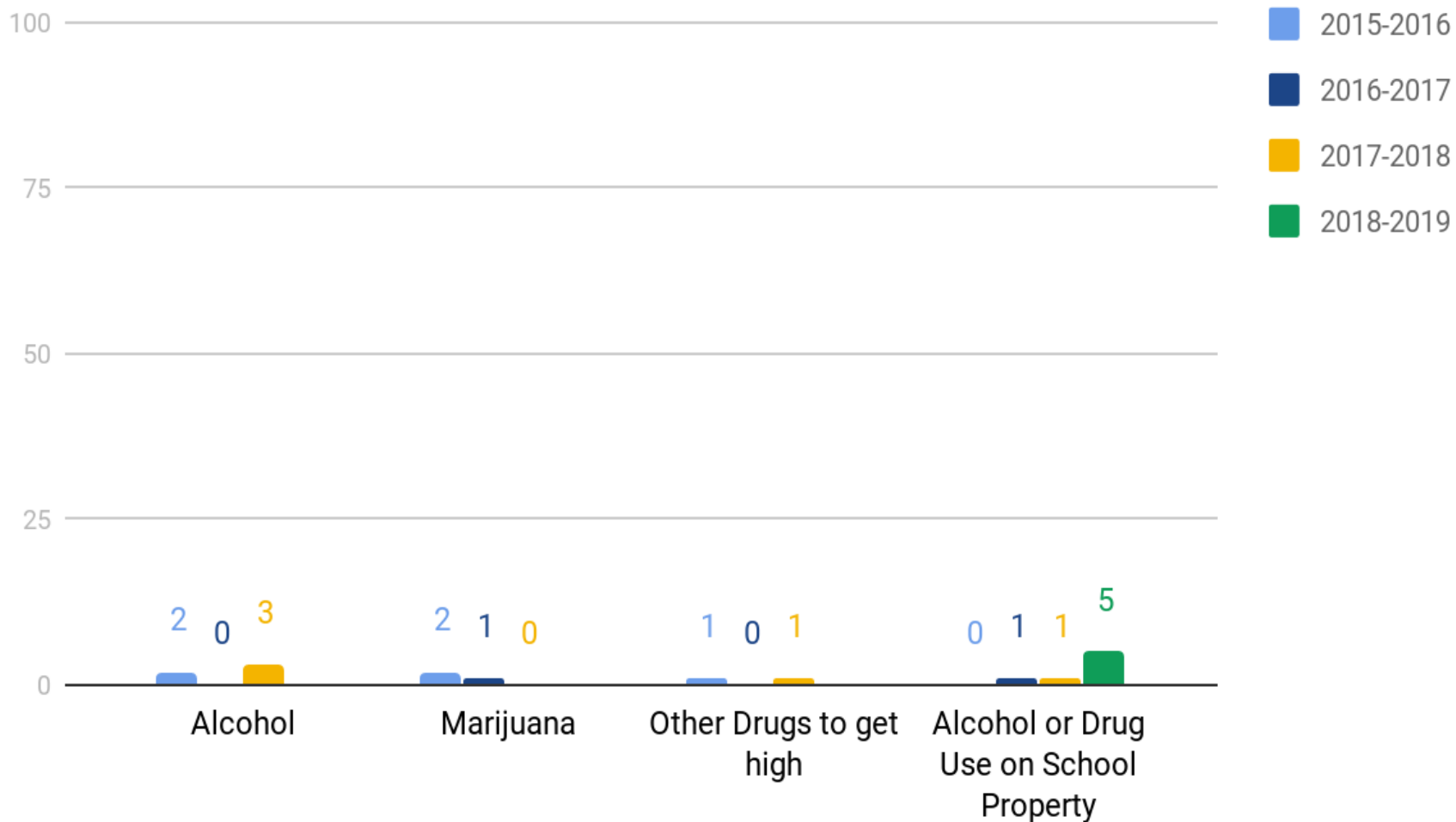
Nationwide survey of youth in grades 9–12 in public and private schools in the United States (U.S.) found that **17%** of students reported seriously considering suicide. 22.4% female/11.6% males (per CDC website 2015).

Seriously Considered Attempting Suicide



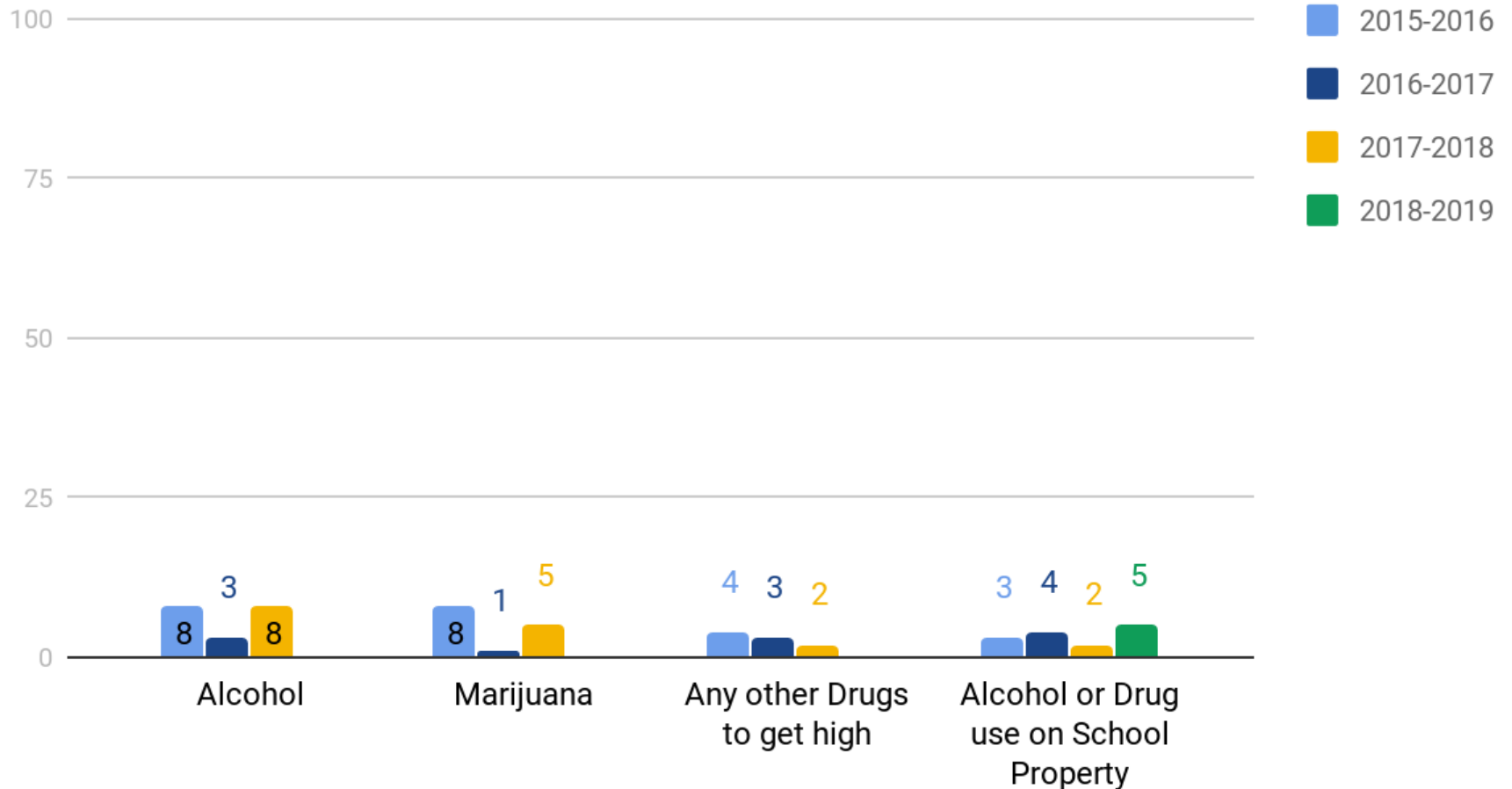
Alcohol and Other Drug Use in the Past 30 Days

7th



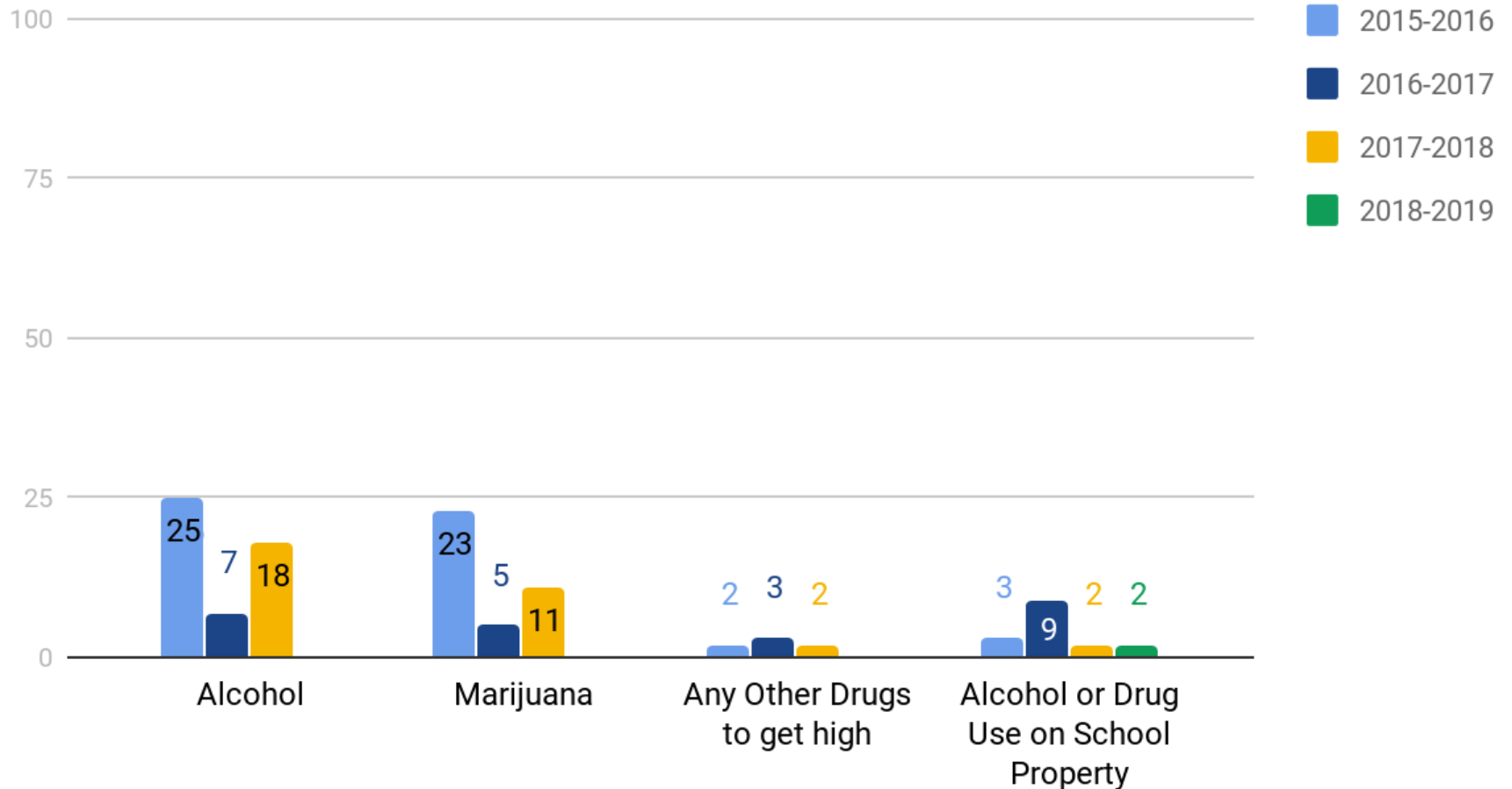
Alcohol and Other Drug Use in the Past 30 Days

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Alcohol and Other Drug Use in the Past 30 Days

11th



PGMS Activities and Events

Supporting Student Engagement and Connectedness

- Battle of the Books
- Kindness Kard Raffle and Give Aways
- Lunch Clubs
- Drama (the good kind!)
- Spirit Days
- Homeroom Competitions
- Athletics
- Robotics, Mathletics, ROV
- Dances (7th and 8th grade)
- Movie Night, Swim Party (6th grade)
- Music Program
- College Field Trips (AVID)
- Conduct Club
- Honors Breakfast
- Student of the Month
- Talent Show

PGMS Activities and Events

Supporting Student Wellness

- SmartSocial Cyber Safety Curriculum - Josh Ochs student and parent presentation
- Parent/student Night's with Dr. Bufkin and Dr. Swick
- Suicide Prevention Presentation
- Monterey County Rape Crisis Center Workshops
- Superkids
- DARE Partnership with SRO Hankes (Vaping) & Red Ribbon Week
- Mindfulness curriculum delivered via PE classes
- Students of Concern
- Conflict Resolution

WHAT'S NEXT?

- Exploring potential of adding an advisory period '20-'21 (1 day/week)
- Identified promising Advisory curriculum, focused on character-building and Social-emotional Learning (Weekly 30 minute lessons)
 - 17 lessons delivered in 2 modified days/month in 19-20
- Identified Leadership curriculum tied to advisory

PGHS Activities and Events Supporting Student Engagement and Connectedness as well as mental health

- 25 Clubs on campus
- “Dot Kids” faculty awareness and intervention
- Health Class
- School-wide Assemblies & In-Class Activities
- Counseling Services
- Movie night with targeted support e.g. sexual assault, bullying
- Pagoda/Open Mic
- Acts of Random Kindness club
- Breaker Buddies for freshmen
- Themed awareness days such as breast cancer, “me too”, sexual assault awareness, bullying awareness
- Renaissance Assembly
- Student of the Month
- Student Voices/Collaboration of the Arts

PGHS Activities and Events

Supporting Student Wellness for 2019-20

- Ohana Partnership
- Sun Street Centers Partnership
- Parent and Student Wellness Series - via PTA/Ohana/SRO/ Counselors
- DARE Partnership - via SRO
- Student Stress Series - via Counselors
- Themed Movie Nights
- Themed Awareness Day (e.g. Denim Day, Red Ribbon Week, Breast Cancer Awareness Day, Breaker Buddies Events)



Thank you...