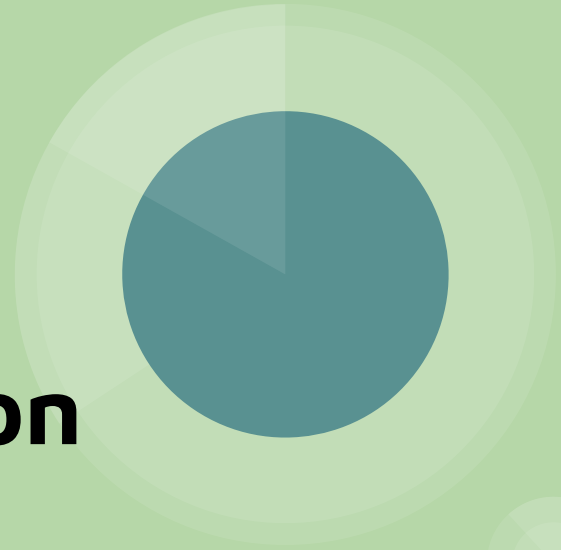


# Health Presentation

**Ani Silva**  
**Director of Curriculum & Special Projects**  
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# Implementation of California Health Standards

Grade-Level Emphasis	Nutrition and Physical Activity	Growth, Development, and Sexual Health		Injury Prevention and Safety	Alcohol, Tobacco, and Other Drugs	Mental, Emotional, and Social Health	Personal and Community Health
		Growth and Development	Sexual Health				
Kindergarten	✓	✓		✓	✓	✓	✓
Grade 1		✓		✓			✓
Grade 2	✓				✓	✓	
Grade 3		✓				✓	✓
Grade 4	✓			✓	✓		
Grade 5	✓	✓	✓				✓
Grade 6				✓	✓	✓	
Grades 7 and 8	✓	✓	✓	✓	✓	✓	✓
High School (Grades 9 Through 12)	✓	✓	✓	✓	✓	✓	✓



# Elementary

- Nutrition, Physical Activity, and Growth/Development via Physical Education teacher and classroom teacher: Dairy Council
- Growth/Development and Sexual Health: Family Life Education in two 50-60 minute sessions: Puberty and Maturation and HIV/Aids by District Nurse, Katrina Powley



# Middle and High School Implementation

- MS/HS articulation: Analyze health standards and California Healthy Youth Act
- Develop a streamlined approach to delivering the standards and identify guest speakers
- 2019 Adoption of the new Health Curriculum Frameworks to guide planning process for 2019-2020
- MS/HS planning time in early August to revise scope & sequence of lessons



# California Healthy Youth Act

- Comprehensive sexual health and HIV prevention
- Age appropriate and medically accurate
- Sexual health education respects and addresses needs of students of all genders and sexual orientations
- Begins in grade 7 with instruction about safety and effectiveness of FDA approved methods to prevent pregnancy and sexually transmitted infections
- Parents are notified and can opt students out of the presentation
- Provide local resources for accessing care and students rights to access care
- Appropriate for students with disabilities, English language learners, and students of all races, ethnic and cultural backgrounds.



# Current Guest Speakers

## High School:

- Planned Parenthood- Sex Ed, STD, Contraceptives
- Rape Crisis Center- Sex trafficking, Rape and Abuse crime, Physical/Mental support
- Compassion Pregnancy Center - Sex Ed, Lifestyle Choices, Abstinence

## Middle School:

- Monterey County Rape Crisis Center: Child Abuse (6th), Sexual Harassment (7th), Sexual Assault Spectrum (8th)
- Sun Street Centers: Alcohol, Drugs, Vaping and Nicotine
- Suicide Prevention: Social Emotional and Suicide Prevention
- Planned Parenthood: Anatomy/Puberty, STD, Birth Control and Pregnancy
- Katrina Powley, School Nurse: HIV/Aids/STD



Questions???