

- 2023 -

OCTOBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Pacific Grove

Unified School

District

Elementary Menu

BREAKFAST

Cereal Variety Offered Daily

Monday: Mini Maple Pancakes

Tuesday: Cinnamon Bun

Wednesday: Muffin Tops

Thursday: UBR Granola Bar

Friday: Concha

Served with Whole Fruits or 100 %
Fruit Juice

All Meals FREE for ALL Students

Gluten Free Alternative Breads &
Items Available at Each Site as Needed

2 Mozzarella Stuffed Breadsticks w/ Marinara
Chicken Drumstick & Mashed Potato
Corn
Fresh Fruit

9 Bean & Cheese Papusa
Crunchy Beef Tacos
Refried Beans
Fresh Fruit

16
FALL BREAK

23 Bean & Cheese Papusa
Crunchy Beef Tacos
Refried Beans
Fresh Fruit

30 Mozzarella Stuffed Breadsticks w/ Marinara
Chicken Drumstick & Mashed Potato
Corn
Fresh Fruit

3 Crispy Chicken Sandwich
Macaroni & Cheese
Carrot
Fresh Fruit

10 Crispy Chicken Sandwich
Cheese Lasagna
Grape Tomatos
Fresh Fruit

17
FALL BREAK

24 Crispy Chicken Sandwich
Cheese Lasagna
Grape Tomatos
Fresh Fruit

31 Crispy Chicken Sandwich
Macaroni & Cheese
Carrot
Fresh Fruit

4 Teriyaki Chicken & Rice
Mini Corn Dogs
Broccoli
Fresh Fruit

11 Orange Chicken & Rice
Grilled Cheese Sandwich
Broccoli
Fresh Fruit

18
FALL BREAK

25 Orange Chicken & Rice
Grilled Cheese Sandwich
Broccoli
Fresh Fruit

5 Cheeseburger/ Hamburger
Cheese Quesadillas
Pinto Bean
Fresh Fruit

12 Cheeseburger/ Hamburger
Bean & Cheese Nacho
Tater Tots
Fresh Fruit

19
FALL BREAK

26 Cheeseburger/ Hamburger
Bean & Cheese Nacho
Tater Tots
Fresh Fruit

6 Domino's Cheese or Pepperoni
Deli Hoagie
Side Salad
Fresh Fruit

13 Domino's Cheese or Pepperoni
Deli Hoagie
Side Salad
Fresh Fruit

20
FALL BREAK

27 Domino's Cheese or Pepperoni
Deli Hoagie
Side Salad
Fresh Fruit