

California Healthy Kids Survey (CHKS) (J)

-and two companion surveys-

1. California School Staff Survey (CSSS)
2. California School Parent Survey (CSPS)

Is the largest most comprehensive effort in the nation to regularly assess students, staff and parents at the local level and form the:

California School Climate, Health and
Learning Surveys System



Since 1997 the California Department of Education
has funded the CHKS to provide data to assist
schools in: *(J)*

1. Fostering safe and supportive school climates, social-emotional competencies and learning engagement
2. Preventing youth health risk behaviors and barriers to academic achievement
3. Promoting positive youth development, resilience and well-being

What Does the Survey Assess? *(J)*

Student perceptions and experiences related to:

- School climate and engagement
- Learning supports
- Health-related, non-academic learning barriers, such as:
 - Substance use
 - Bullying and violence
 - Poor physical and mental health

They provide a wealth of information to guide school improvement and Local Control and Accountability Plan (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, and parent involvement.

Validity Factors (S)

Data on self-report questionnaires are considered valid, providing confidentiality and anonymity has been maintained.

To maintain validity, **student responses were removed if they were shown not to have taken the survey seriously**, were careless or untruthful meeting at least two of the following criteria:

- ❖ Inconsistency in their responses
- ❖ Exaggerated drug use (showing a pattern that was improbably high)
- ❖ Marking that they used a fake drug that was inserted in the list of real drugs
- ❖ Marking that they did not respond honestly to all or most questions in the reliability question at the end of the survey.

Validity *(S)*

Survey results met response rate criteria for validity, and are considered reflective of our population.

In order to be considered valid, student response rates needed to be at least 60%.

Grade 7	89% (169 students)
Grade 9	89% (151 students)
Grade 11	77% (115 students)
Community HS	76% (19 students)

Comparison of students scoring High or Moderate regarding School Developmental Supports, Connectedness & Academic Motivation (s)

14-15 / 15-16 / 16-17	7 th grade	9 th grade	11 th grade
School Environment:			
Total School Supports	92% / 89% / 95%	79% / 81% / 85%	81% / 91% / 84%
Caring adults in school	91% / 89% / 96%	81% / 84% / 84%	82% / 95% / 94%
High expectations from adults in school	96% / 93% / 98%	89% / 90% / 91%	88% / 94% / 93%
Meaningful participation at school	84% / 79% / 80%	63% / 70% / 71%	69% / 73% / <u>56%</u>
School Connectedness	96% / 95% / 96%	84% / 89% / 93%	94% / 96% / 88%
Academic Motivation	91% / 85% / 88%	69% / 73% / <u>81%</u>	61% / 78% / 76%

School Connectedness & Academic Motivation by gender (J/S)

15-16 / 16-17	School Connectedness	Academic Motivation
7 th grade - male	68% / <u>79%</u>	47% / 46%
7 th grade - female	74% / 77%	44% / <u>51%</u>
9 th grade male	59% / 65%	29% / <u>36%</u>
9 th grade female	54% / 59%	46% / 45%
11 th grade male	62% / 54%	27% / <u>36%</u>
11 th grade female	62% / <u>46%</u>	37% / <u>27%</u>

School Connectedness & Academic Motivation

Racial/Ethnic (J/S)

2015-2016 / 2016-2017	7 th grade	9 th grade	11 th grade
School Connectedness	Hispanic 64% / <u>85%</u> Mixed 67% / <u>80%</u> White 74% / <u>83%</u>	Hispanic 57% / <u>63%</u> Mixed 52% / 57% White 67% / 66%	Hispanic NA / 41% Mixed 46% / 50% White 74% / <u>55%</u>
Academic Motivation	Hispanic 32% / <u>55%</u> Mixed 43% / 47% White 52% / <u>44%</u>	Hispanic 37% / 31% Mixed 31% / 38% White 40% / 39%	Hispanic NA / 41% Mixed 27% / 32% White 35% / 31%

Perceived Safety at School (S)

14-15 / 15-16 / 16-17	Very Safe And Safe	Neither Safe nor Unsafe	Unsafe	Very Unsafe
7 th grade	83% / 86% / 87%	12% / 10% / 9%	2% / 3% / 3%	3% / 1% / 1%
9 th grade	67% / 73% / <u>78%</u>	24% / 24% / 21%	5% / 2% / 0%	4% / 1% / 1%
11 th grade	78% / 84% / 79%	19% / 12% / 19%	2% / 2% / 1%	1% / 2% / 2%

Tobacco Use (cont.) (S)

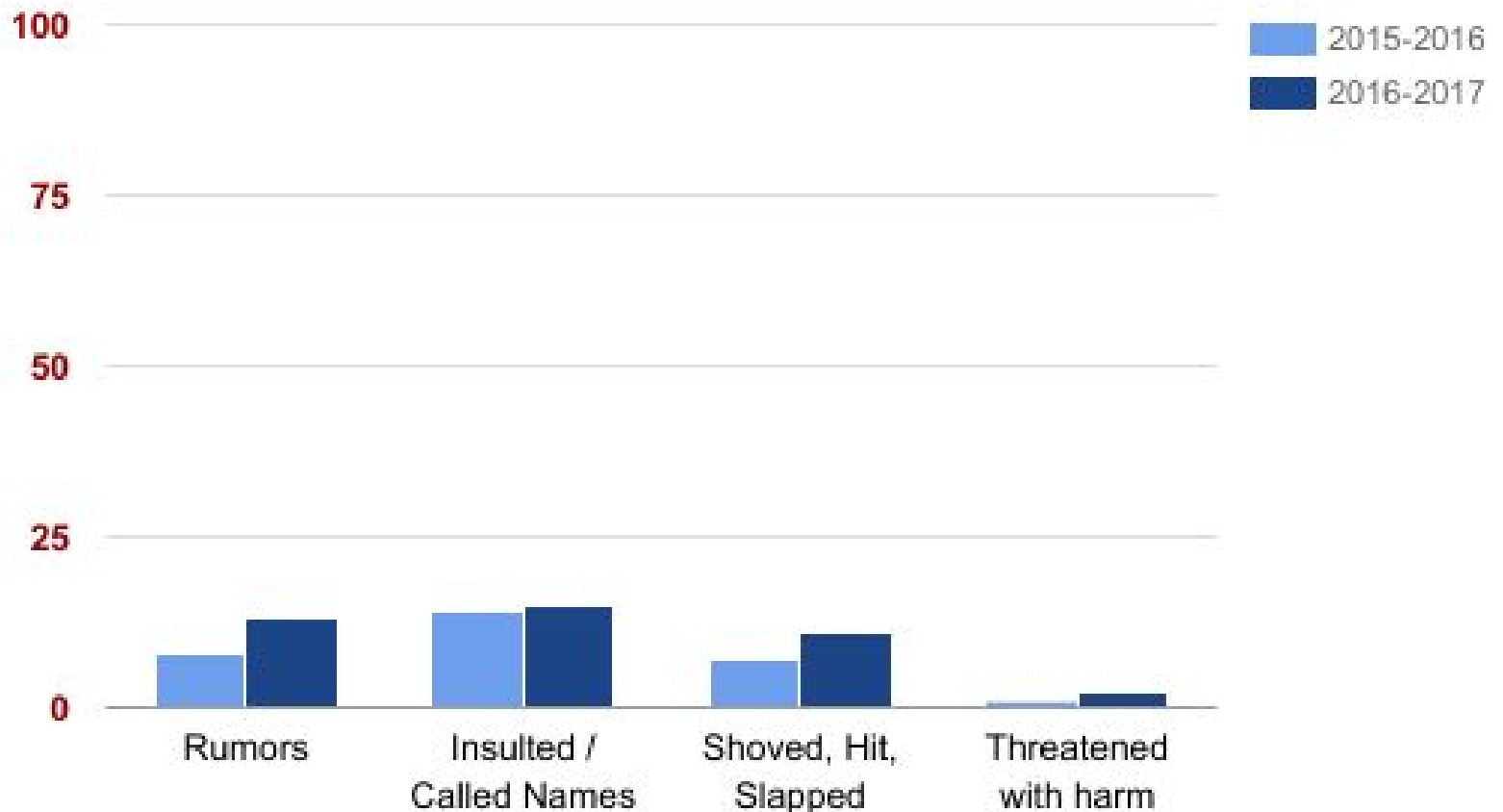
Any Student use of Tobacco in the Past 30 Days

Current Tobacco use at School

2014-15	Ever used electronic cigarettes or vaping device	Current use of electronic cigarettes or vaping device	Current use of electronic cigarettes or other vaping device <u>at school</u>	2015-16	Ever used electronic cigarettes or vaping device	Current use of electronic cigarettes or vaping device	Current use of electronic cigarettes or other vaping device <u>at school</u>	2016-17	Current cigarette smoking at school	Current use of electronic cigarettes or other vaping device <u>at school</u>
7 th grade	2 ⁰ %	1 ⁰ %	1 ⁰ %	7 th grade	6 ⁰ %	3 ⁰ %	1 ⁰ %	7 th grade	0 ⁰ %	1 ⁰ %
9 th grade	23 ⁰ %	14 ⁰ %	9 ⁰ %	9 th grade	19 ⁰ %	10 ⁰ %	6 ⁰ %	9 th grade	0 ⁰ %	<u>1⁰%</u>
11 th grade	29 ⁰ %	13 ⁰ %	3 ⁰ %	11 th grade	30 ⁰ %	15 ⁰ %	2 ⁰ %	11 th grade	2 ⁰ %	3 ⁰ %

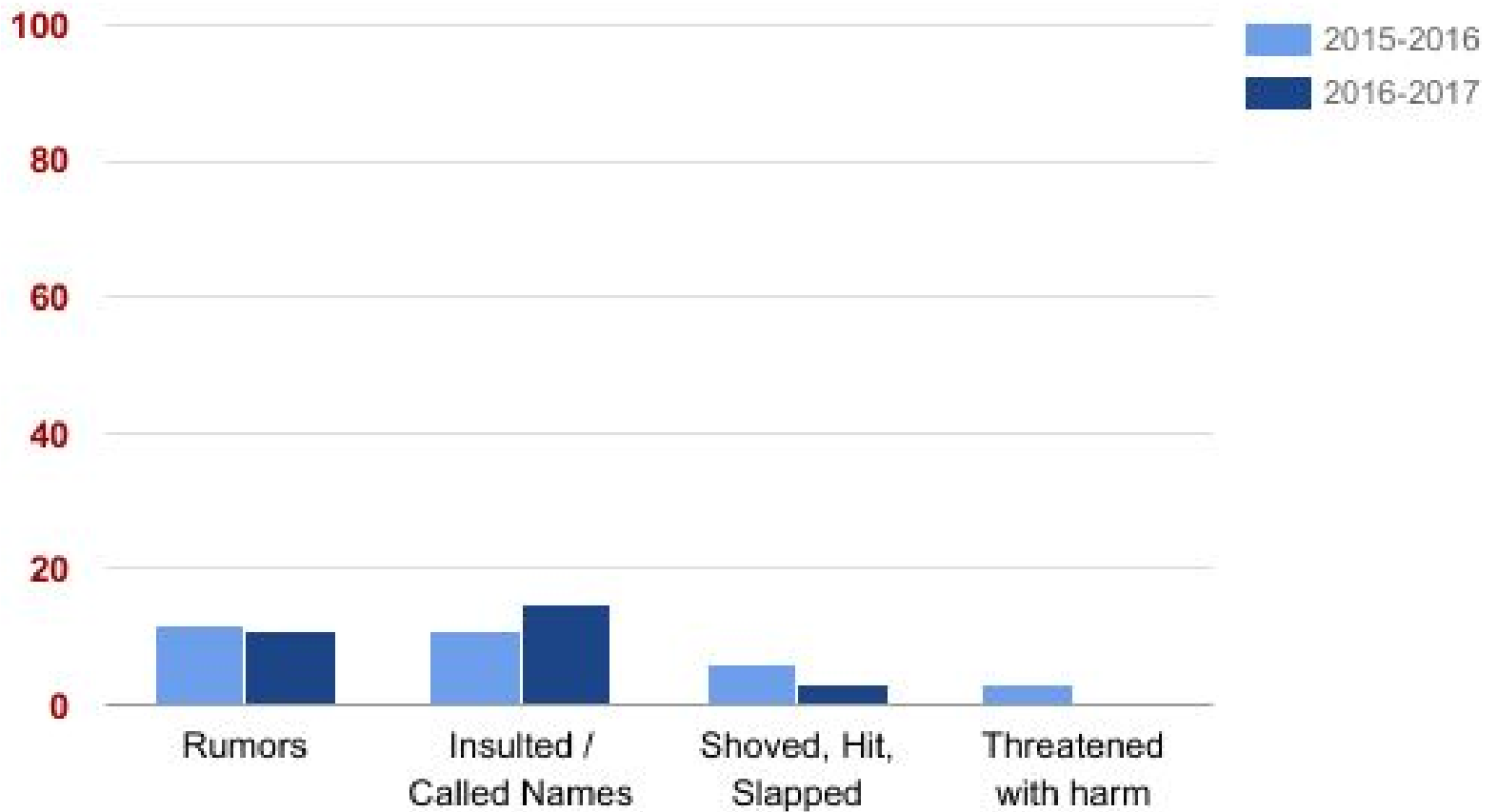
7th Grade Harassment Areas of Concern (J) (4 or more incidents/12 months)

School Violence, Victimization, and Safety



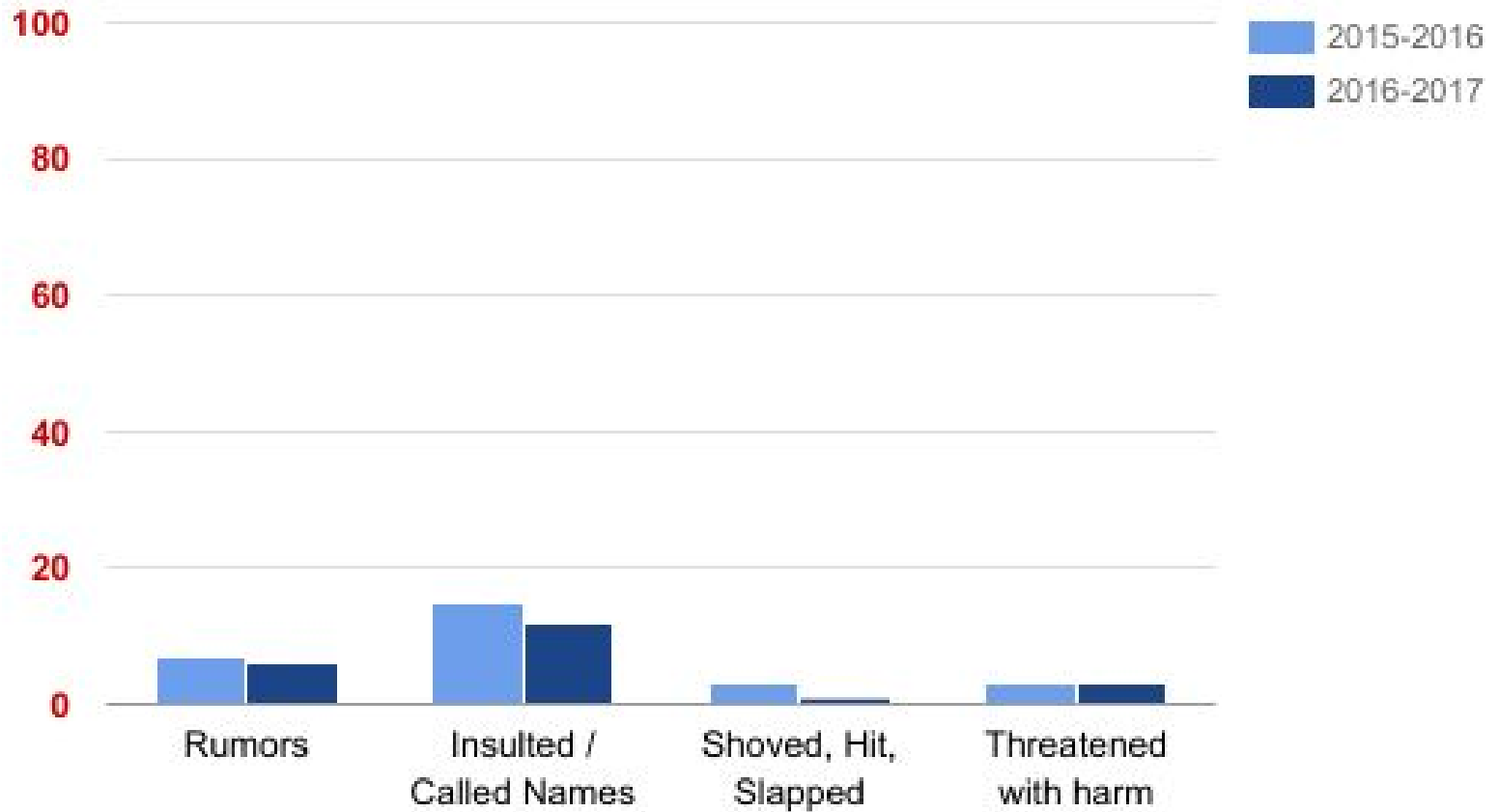
9th Grade Harassment Areas of Concern (S) (4 or more incidents/12 months)

School Violence, Victimization, and Safety



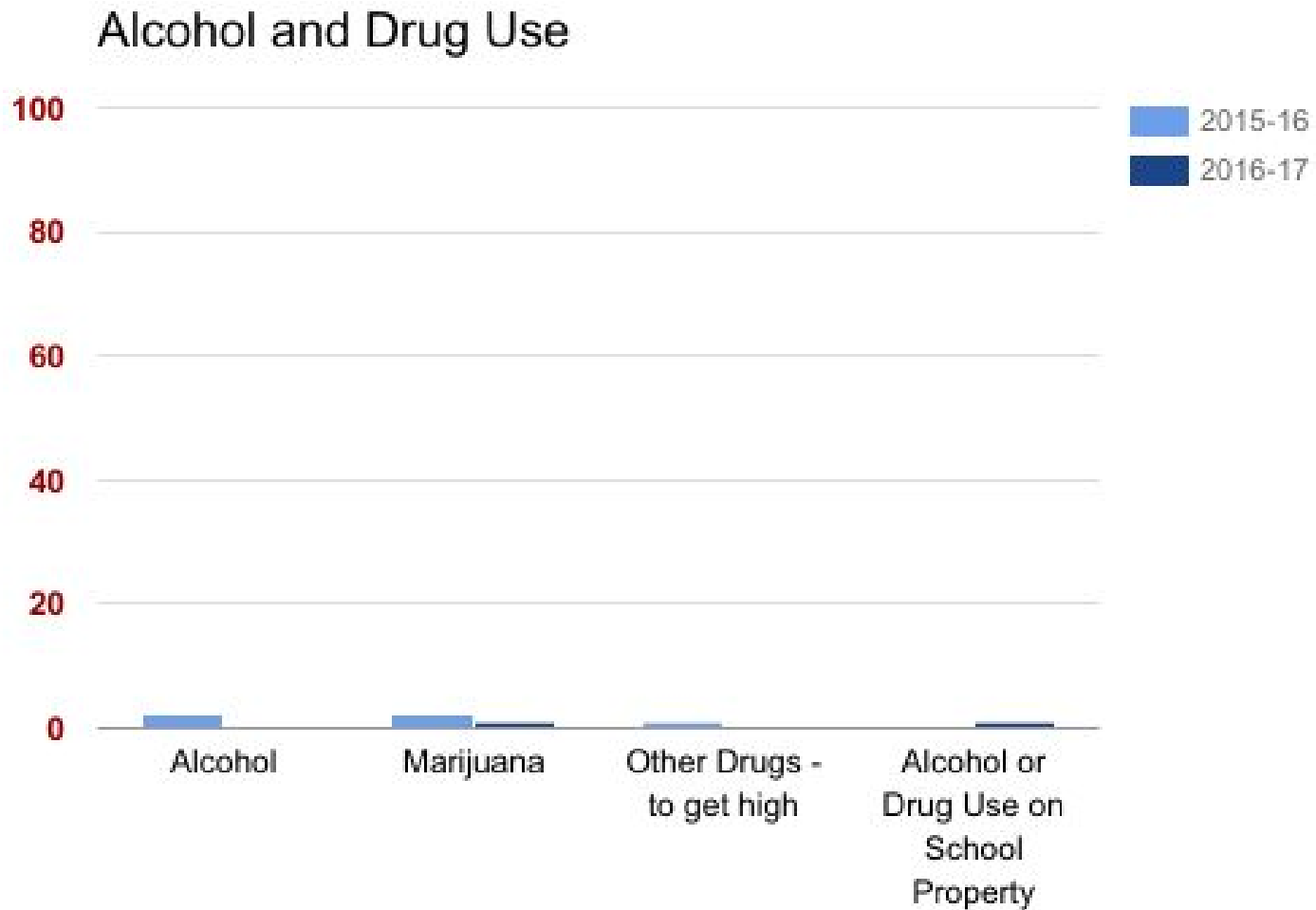
11th Grade Harassment Areas of Concern (S) (4 or more incidents/12 months)

School Violence, Victimization, and Safety



7th Grade: (J)

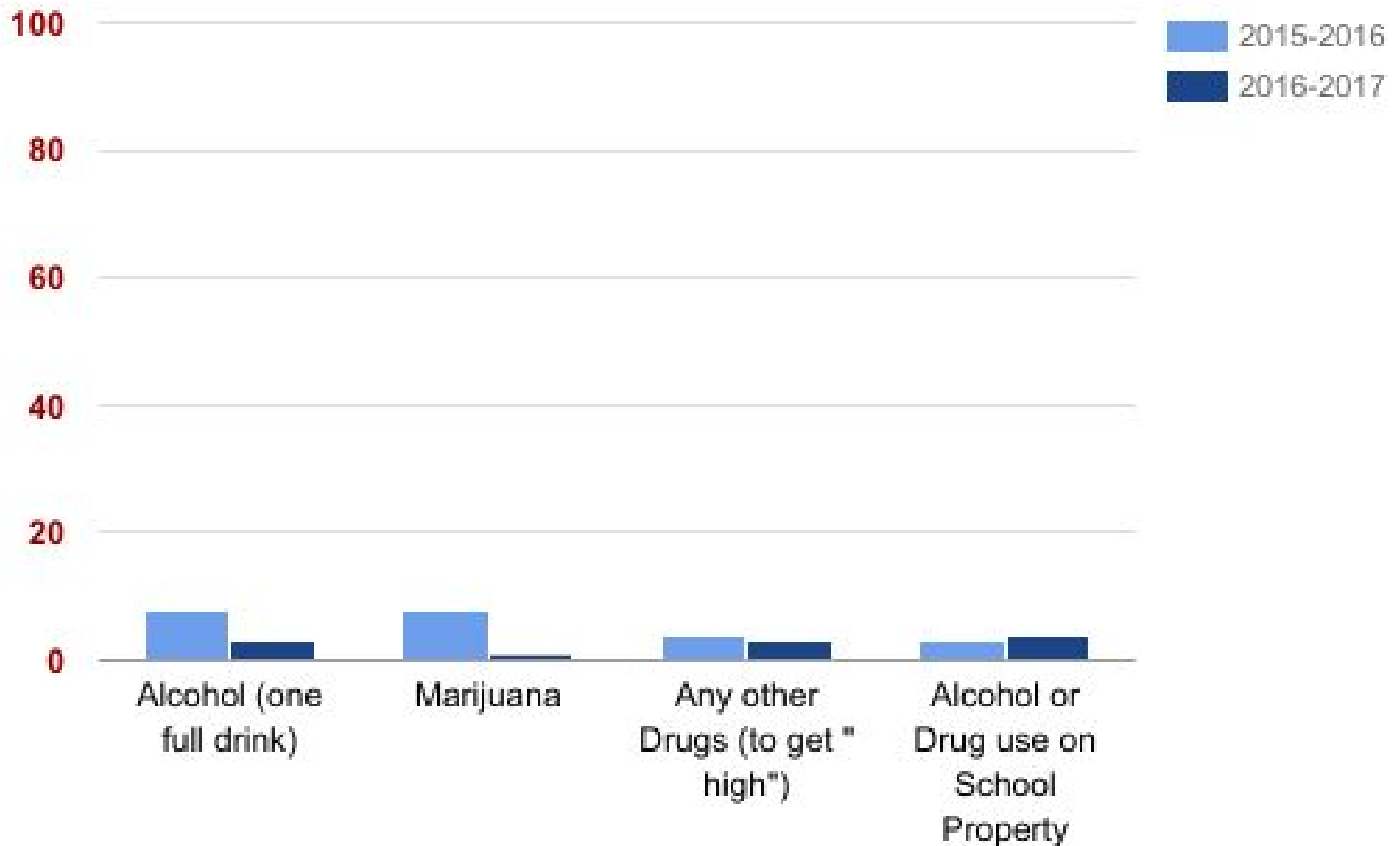
Comparison of 2015-16 and 2016-17 Alcohol and other Drug use in the Past 30 Days
(ever used 4 or more times 2015-2016 / 1-3 or more days of **use at school** 2016-2017):



9th Grade: (S)

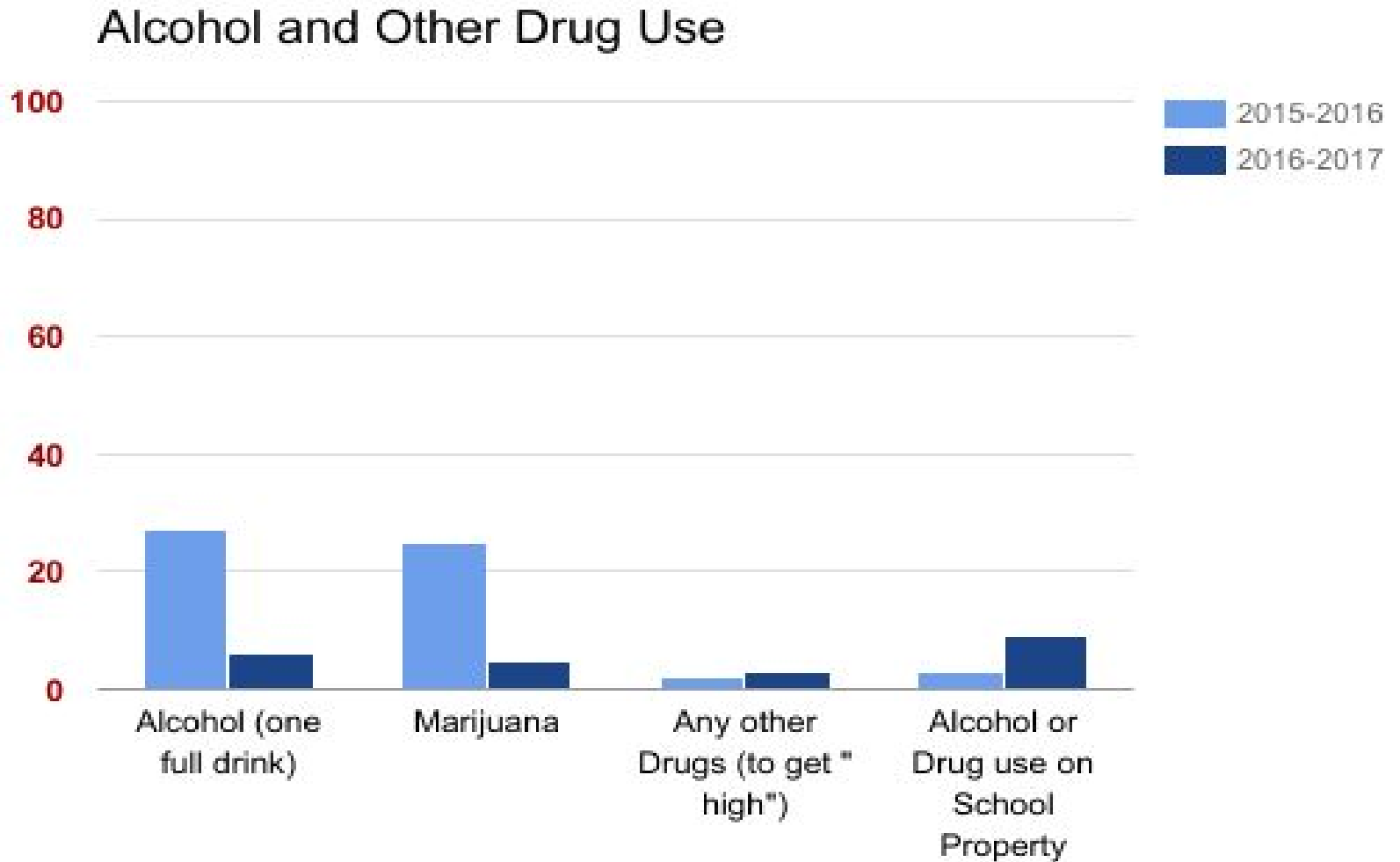
Comparison of 2015-16 and 2016-17 Alcohol and other Drug use in the Past 30 Days
(ever used 4 or more times 2015-2016 / 1-3 or more days of **use at school** 2016-2017):

Alcohol and Other Drug Use



11th Grade: (S)

Comparison of 2015-16 and 2016-17 Alcohol and other Drug use in the Past 30 Days
(ever used 4 or more times 2015-2016 / 1-3 or more days of **use at school** 2016-2017):



Cyber-bullying 2015-16 (S)

During the past 12 months, how many times did other students spread mean rumors or lies about you on the internet ie, Facebook, Instagram, Snapchat, email, instant message.)	7 th grade	9 th grade	11 th grade
0 times (never)	84%	79%	83%
1 time	5%	7%	9%
2-3 times	7%	7%	4%
4 or more times	4%	6%	3%

Cyber-bullying questions were omitted from the 2016-17 CHKS

Mental Health (S)

15-16 / 16-17	7 th grade	9 th grade	11 th grade
Chronic Sad or Hopeless Feelings in last 12 months	21 ⁰ % / 24 ⁰ %	27 ⁰ % / 26 ⁰ %	32 ⁰ % / 37 ⁰ %
Seriously Considered Attempting Suicide in past 12 months.	na / na	18 ⁰ % / <u>10⁰%</u>	16 ⁰ % / 12 ⁰ %

Nationwide survey of youth in grades 9–12 in public and private schools in the United States (U.S.) found that **17%** of students reported seriously considering suicide. 22.4% female/11.6% males (per CDC website 2015).

Staff Perceptions of Student Physical & Mental Health

(J/S)

Percentage of Staff that responded that “Most” or “Nearly All” students have these indicators.

15-16 / 16-17	Students arrive at school alert and rested	Depression or other mental health issues are moderate or severe problems	Alcohol and Drug Use	Harassment or Bullying
Middle School	100% / 84%	54% / 16%	7% / 0%	NA / 32%
High School	NA / 66%	NA / 57%	NA / 69%	NA / 30%

Number of respondents: Middle School Staff: 15 / 34; High School Staff: 5 / 39

Parent Perceptions of student drug/alcohol use, bullying/harassment and availability of counseling services (S)

<i>2015-16</i>	How much of a problem is student alcohol and drug use at this school	Feels the school provides quality counseling or other ways to help students with social or emotional needs	How much of a problem is harassment or bullying of students at this school
Middle School	<ul style="list-style-type: none"> • 57% Not a problem or small problem • 7% Somewhat a problem • 1% Large problem • 34% Don't know 	<ul style="list-style-type: none"> • 47% Strongly Agree or agree • 9% Disagree • 4% Strongly Disagree • 30% Don't know 	<ul style="list-style-type: none"> • 58% Not a problem or small problem • 23% Somewhat a problem • 6% Large problem • 13% Don't know
High School	<ul style="list-style-type: none"> • 31% Not a problem or small problem • 43% Somewhat a problem • 13% Large problem • 13% Don't know 	<ul style="list-style-type: none"> • 61% Strongly Agree or agree • 14% Disagree • 4% Strongly Disagree • 21% Don't know 	<ul style="list-style-type: none"> • 61% Not a problem or small problem • 14% Somewhat a problem • 7% Large problem • 17% Don't know

Number of respondents: Middle School Parents: 74; High School Parents: 76

Parent Perceptions of student drug/alcohol use, bullying/harassment and availability of counseling services (S)

2016-17	How much of a problem is student alcohol and drug use at this school	Feels the school provides quality counseling or other ways to help students with social or emotional needs	How much of a problem is harassment or bullying of students at this school
Middle School	<ul style="list-style-type: none"> • 69% Not a problem or small problem • 5% Somewhat a problem • 2% Large problem • 24% Don't know 	<ul style="list-style-type: none"> • 46% Strongly Agree or agree • 10% Disagree • 2% Strongly Disagree • 41% Don't know 	<ul style="list-style-type: none"> • 67% Not a problem or small problem • 16% Somewhat a problem • 6% Large problem • 11% Don't know
High School	<ul style="list-style-type: none"> • 37% Not a problem or small problem • 29% Somewhat a problem • 19% Large problem • 14% Don't know 	<ul style="list-style-type: none"> • 47% Strongly Agree or agree • 11% Disagree • 4% Strongly Disagree • 39% Don't know 	<ul style="list-style-type: none"> • 56% Not a problem or small problem • 14% Somewhat a problem • 3% Large problem • 27% Don't know

Number of respondents: Middle School Parents: **94** High School Parents: 80 Community: 1

PGHS Activities and Events Supporting Student Engagement and Connectedness (S)

- **25 Clubs/Interventions on campus**, more added each year. Includes clubs that directly connect to health & safety issues - Breaker Buddies, Gay-Straight Alliance, Leadership, Natural High Club, and Academic Academy.
- **“Dot Kids”**, teachers and staff have worked together to identify and focus attention on kids who might not have many connections to PGHS. Interventions such as Student Study Team meetings, extra academic support and generally reaching out to converse and interact with these kids in meaningful ways are encouraged.
- **Health Class** directly instructs on drugs, alcohol, tobacco awareness, sex education, nutrition, exercise, suicide prevention and decision-making skills as part of the curriculum.
- **School-wide Assemblies & In-Class Activities** focused on relevant issues facing our students. This year’s assemblies on Real Inspiration presented by Keith Hawkins focused on equity and school culture; also a Safe Driving focus which included Distracted Driving and Josh Ochs presented the importance of responsible Social Media.
- **Counseling Services** provided by Community Human Services available on Wednesdays and Thursdays (hours increased this year.)

PGMS Events and Activities (J)

Supporting Student Resilience, Connection, Anti-Bullying and Mental Health Support
Matching the District-wide Focus to Build a Positive Environment for Students and Staff

- Beginning of the Year Assembly - Inspirational Speaker Keith Hawkins, (shared with PGHS).
- Cyber Safety - Josh Ochs Presentation to students and parents
- Red Ribbon Week – Break and lunchtime activities pledging to be Drug, Alcohol & Bully Free for a week in October.
- Suicide Prevention Presentation by the Family Service Agency of the Central Coast for 7th and 8th graders - educate youth to the warning signs, how to help others and community resources. A parent night was presented to inform parents prior to the presentation.
- Battle of the Books - reading incentive competition
- Superkids Counseling contracted through Community Human Services
- Peer2Peer Counseling Program

Ongoing PGMS Events and Activities Supporting Student Resilience and Connection (J)

➤ Extracurricular Activities

- Sports – volleyball, soccer, basketball, x-country, golf, tennis, wrestling, track
- Drama - musical (2016-17 Mulan)
- Lunch Clubs – Herbal Potions, Bead Club, HW club, Garden Club (with an Ocean Guardian Grant from NOAA), Children2Children Club, Pokemon Club, Team Chiroptera (Bat Research Club), Scientific Illustration Club, Math Club (Mathletics), Music Club
- 7/8th Grade Dances, Elkhorn Slough, Tide Pools
- 6th Grade Activities - Outdoor school, afternoon movie, swimming party, Egyptian Museum, Tide Pools

➤ Leadership Class

- Student Government
- Spirit Days
- Homeroom Competitions
- Talent Show

➤ Other Activities

- Music – Instrumental and Vocal
- AVID – College Trips
- Honors Breakfast
- Student of the Month
- Conduct Club
- Honors Night
- Academic Intervention Class/ AIC
- Rape Crisis and Sexual Harassment Education - 6th grade
- Community Service Requirement

Approx. 4% of PGUSD's High School students attend PGCHS Tier 3 intervention school for extremely at-risk students (RTI) (K)

Response pool:

- 19/25 students responded
- 76% response rate
 - *3/6 non-responders in process of transferring out of district*
 - *3/6 non-responders absent during sample/survey period*
 - *7/19 students surveyed no longer attend PGCHS*
 - *11 new students have enrolled at PGCHS since survey administration*

• Perspective:

- Each PGCHS student = approximately **5%** points
- Each PGHS 11th grader = approximately **1%**
- All PGHS/PGCHS comparisons are to the 11th grade level sample (median grade level of PGCHS students)

PGCHS Enrollment (K)

(per grading period)

- **Average of 22.4 students attend**
- **2016-2017**
- Round 1: **19 students**
- Round 2: **21 students**
- Round 3: **27 students**
- Round 4: **22 students**
- Round 5: **23 students**

HKS demographic information:

- 22% of parents did not finish HS
- 20% receive Special Ed support
- Truancy rates are double the HS
- 30% not proficient in English
- 42% Hispanic/Latino
- 42% Free/Reduced lunch
- 17% live with a relative (non-parent)
- 6% are homeless

PGCHS Data to celebrate: (K)

- **86%** feel moderately to highly connected with school
- **80%** reported high to moderate meaningful participation at school
- **60%** felt lessons were applicable to real life
- **80%** felt they were active participants in group discussions/activities

• *Comparable to PGHS in majority of indicators
(Scale score within +/- 1%)*

- *CTAG indicators*
- *Academic motivation*
- *High expectations*
- *Total school supports*
- *Perception of caring adults*
- *Caring relationships*
- *Parent involvement*
- *Physical environment*

Areas to address with our PGCHS School Site Council: (K)

- **21%** felt school was an unsafe environment
 - *3% at PGHS*
- **60%** felt they'd been harassed
 - *32% at PGHS*
- **40%** reported being made fun of at least 4 or more times
 - *10% at PGHS*
- **40%** report being pushed, shoved, slapped, or hit intentionally 1-4+ times
 - *6% at PGHS*
- **27%** report drug/alcohol use on school-property
 - *9% at PGHS*
- **40% & 43%** report depression & suicidal ideation (consecutively)
 - *37% & 12% at PGHS*
- **21%** higher truancy rates
- **10-20%** decreases in some Social Emotional Health indicators
- **~80%** graduation rate (2016)
 - 2/9 seniors transferred to adult school; have not yet graduated