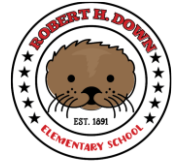




# Pacific Grove Unified School District



## NOVEMBER 2021 Elementary School Menu

### Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal Sunflower Seeds Applesauce Milk	Bagel w/ Sunbutter (sunflower seed spread) 100% Fruit Juice Milk	Concha (Mexican sweet bread) Fresh Fruit Milk	Cereal Sunflower Seeds Raisins Milk	Chocolate Chip Muffin Fresh Fruit Milk

### Lunch

Monday 11/1	Tuesday 11/2	Wednesday 11/3	Thursday 11/4	Friday 11/5
Cheese Calzone with marinara sauce Green Beans Fresh Fruit Milk <b>MINIMUM DAY</b>	Turkey Taco Nada (seasoned turkey & cheese empanada) Baby Carrots Fresh Fruit Milk <b>MINIMUM DAY</b>	Roasted Chicken Drumstick Biscuit Broccoli Fresh Fruit Milk <b>MINIMUM DAY</b>	Build-a-Burger (all-beef or veggie patty) plain or with cheese & pickles Baked Beans 100% Fruit Juice Milk <b>MINIMUM DAY</b>	Build-your-own Cheese Pizza Kit Cucumbers w/ Ranch Fresh Fruit Milk <b>MINIMUM DAY</b>
Monday 11/8	Tuesday 11/9	Wednesday 11/10	Thursday 11/11	Friday 11/12
Bean & Cheese Burrito Corn Fresh Fruit Milk Maple Grahams	Chicken & Waffle no antibiotics ever breaded tenderloins served with HFCS-free syrup Fruitables Tropical Twist (veggie juice) Fresh Fruit Milk	Turkey & Cheese Sandwich Baby Carrots Fruit Cup Milk	<b>Veterans Day</b>  <b>NO SCHOOL</b>	Domino's Cheese Pizza Cucumbers w/ Ranch Fresh Fruit Milk
Monday 11/15	Tuesday 11/16	Wednesday 11/17	Thursday 11/18	Friday 11/19
Bean & Cheese Pupusa (corn masa stuffed with refried beans & cheese) Corn Fresh Fruit Milk	Veggie Fried Rice Roasted Broccoli 100% Fruit Juice Milk String Cheese	Chicken Hot Dog smoked, uncured BBQ Baked Beans Fresh Fruit Milk Shortbread Crackers	Grilled Chicken Patty Sandwich or Veggie Burger Potato Wedges Fresh Fruit Milk	Domino's Cheese Pizza Cucumbers w/ Ranch Fresh Fruit Milk
Monday 11/22	Tuesday 11/23	Wednesday 11/24	Thursday 11/25	Friday 11/26
Mozzarella Stuffed Breadsticks with marinara sauce Baby Carrots Fresh Fruit Milk	Brunch for Lunch Buttermilk Pancakes served with syrup Turkey Sausages Home Fries Fresh Fruit Milk	Build-your-own Cheese Pizza Kit Cucumbers w/ Ranch Mixed Fruit Cocktail Milk <b>MINIMUM DAY</b>	<b>Thanksgiving</b>  <b>NO SCHOOL</b>	<b>NO SCHOOL</b>
Monday 11/29	Tuesday 11/30			
Grilled Cheese Sandwich Baby Carrots 100% Fruit Juice Milk Graham Crackers	Chicken Meatballs garlic basil seasoned; marinara sauce on the side Garlic Knot Green Beans Fresh Fruit Milk			

Daily Vegetarian Option includes Sunbutter & Jelly Sandwich & Bean & Cheese Burrito Menu subject to change without notice; the USDA and CDE are equal opportunity providers and employers

**\*ALL MEALS ARE FREE THROUGH JUNE 30, 2022\***

[www.pgusd.org/Departments/Food-Services](http://www.pgusd.org/Departments/Food-Services)